



## The Good Eating Company opens Café GEC at iconic Northern & Shell building

15 July 2019

**Leading workplace dining specialist, The Good Eating Company, has opened a new restaurant, Café GEC, at the iconic Northern & Shell building on Lower Thames Street, London.**

Café GEC is open 8am to 10pm and offers a bistro-style menu from breakfast through to dinner as well as a licensed bar for the building's tenants as well as members of the public.

The menu will include some of The Good Eating Company's popular dishes using the finest, natural ingredients sourced from carefully selected suppliers. Dishes include the GEC scotch egg and sausage roll; Mr C's chilli paneer; lobster & cray fish mac 'n' cheese; grilled salmon with freekeh pilaf and pomegranate and Korean style BBQ pulled pork burrito.

In addition to the new café The Good Eating Company will also provide food services to the tenants of the building for hospitality and events.

The landmark office building with its iconic blue glazed elevation on the north side of the River Thames is the head office for Northern & Shell, a media organisation which recently changed its core activity to property development and lottery management. Office space is also occupied by a range of other organisations.

**Carlos Mistry Managing Director, The Good Eating Company said,** *"This is an exciting opening for us, it is fronted on the high street which means our customers are not only those working or visiting the Northern & Shell building but the general public too. Our design team have created a relaxed and stylish dining environment which is well-suited to the vibrant area around Lower Thames Street.*

*"We are looking forward to welcoming many new customers and building a successful partnership with building owners, Northern & Shell to ensure Café GEC becomes a dining destination of choice for everyone working or visiting the area around this fabulous building."*

Café GEC joins The Angel Building, 200 Gray's Inn Road and the Business Design Centre where The Good Eating Company operates workplace dining services which are also open to the general public.

**ENDS**

**About The Good Eating Company**

Since 1999 The Good Eating Company is proud to have been at the forefront of a revolution in workplace dining, transforming the image and reputation of the industry. Working with some of the world's most well-known and prestigious companies, we currently enjoy delivering exceptional food and service to over 10,000 people every day.

The Good Eating Company operates across London and Ireland, with an annual turnover exceeding £20m with over 350 employees; delivery services including cafes; espresso bars; hospitality; events; conferences and reception services.

In 2017 The Good Eating Company was acquired by the Sodexo Group and operates independently under the umbrella of Sodexo's corporate services business in the UK and Ireland. Today the company's vision remains much as it has always been - to set the definitive standard for workplace dining.